

## Older Persons' Month 2008

Programme Produced by:

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# OLDER PERSONS' MONTH

## "Listening to older people"

### 2008

These are just a few examples of the events taking place throughout the month, please look out for other events in your area.

### September Events

\* **Monday 1st to Friday 5th September**

\* **Information Stand promoting Pension Credit**

Organised by: Age Concern Leicester Shire & Rutland

(NWL Office)

At: Coalville Library

Time: 10.00am – 1.00pm

Contact: Anne Davis

Telephone : 01530 833000

Email: [anne.davis@ageconcernleics.com](mailto:anne.davis@ageconcernleics.com)

\* **Monday 1st September – Friday 31st October**

\* **Will Writing Promotion:** People over the age of 60 can change their Wills or have a new single uncomplicated Will drawn up for just £35 + VAT.

Organised by: Age Concern Leicester Shire and Rutland

Contact: Liza Kozlowski

Telephone : 0116 2992233

Email: [liza.kozlowski@ageconcernleics.com](mailto:liza.kozlowski@ageconcernleics.com)



Leicestershire County and Rutland  
Primary Care Trust



## September Events

### \* Monday 1st - Friday 5th September

#### \* Enjoy a Holiday at Home

Four Mornings in Market Harborough, plus an outing to Twycross Zoo. Reservation is essential. Book early to avoid disappointment! £3.50 per day including a good lunch for the four local days

Organised by: Churches together in Harborough

At: Methodist Church, Northampton Road,

Market Harborough

Time: 10.00am - 1.00pm

Contact: Chris Etherington

Telephone: 01858 821286

Email: c.Etherington@harborough.gov.uk

### \* Monday 1st September

#### \* Short walk: Join us for a short walk followed by refreshments.

All ages & abilities welcome. Walks go ahead whatever the weather!

Organised by: Via Harborough District Council

At: Billesdon Baptist Chapel Billesdon

Time: 10:30am

Contact: E.Elliott

Telephone: 01858 828282

Email: j.elliott@harborough.gov.uk

### \* Tuesday 2nd September

#### \* Drop in Coffee Morning at Coalville Library

Organised by: Age Concern Leicestershire & Rutland (NWL Office)

At: Coalville Library

Time: 10.00am - 12 noon.

Contact: Anne Davis E: Anne.davis@ageconcernleics.com

Telephone: 01530 833 000

## Additional Information

\* 10 September 2008 (Wednesday) 2pm-7pm

#### \* Oadby and Wigston

At: The Kings Centre, 56 Bull Head Street, Wigston, LE18 1PA

\* 16 September 2008 (Tuesday) 2pm-7pm

#### \* Coalville

At: The Marlene Reid Centre 85 Belvoir Road, Coalville, LE67 3PH

\* 17 September 2008 (Wednesday) 2pm-7pm

#### \* Oakham

At: The Victoria Hall 39 High Street, Oakham, Rutland, LE15 6AH

\* 18 September 2008 (Thursday)

#### \* Melton Mowbray

At: Melton Mowbray Workings Men's Club

21 Norman Way, Melton Mowbray, LE13 1JE

\* 22 September 2008 (Monday) 2pm-7pm

#### \* Ashby-de-la-Zouch

At: The Royal Hotel, Station Road, Ashby-de-la-Zouch, LE65 2GP

\* 23 September 2008 (Tuesday) 2pm-7pm

#### \* Market Harborough

At: Market Harborough Baptist Church, New Horizons Hall, 25

Coventry Road, Market Harborough, LE16 9BX

\* 24 September 2008 (Wednesday) 2pm-7pm

#### \* Loughborough

At: Loughborough Town Hall, Beacon Room, Market Place,

Loughborough, LE11 3EB

Any queries please call: **Jo Lilley 01162 957626**

### **The Discover Leicester Tour 2008 will run from 12 July to 27 September - FREE-DON'T MISS THE BUS!**

This summer, people who hold concessionary travel passes will have the opportunity to travel on the popular Discover Leicester Tour and the Heart of the Forest Tour completely free-of-charge - saving up to £7 per trip. For the first time, national as well as local concessionary bus passes will be accepted on both tour routes. See Leicester on an open top bus listening to live commentary with lots of interesting facts about the city. Visit New Walk Museum & Art Gallery, Castle Park, the Jewry Wall Museum, National Space Centre, Abbey Park and more. Bus leaves from London Road train station every hour and passengers can hop on and off at any of the attractions throughout the day. Last trip 4.20pm.

Information and advance concessionary/non-concessionary tickets for the tour can be obtained by calling 0116 299 4444 or by visiting the Leicester Tourist Information Centre in Town Hall Square.

### **Developing community Health Services:**

The Leicestershire County and Rutland Primary Care Trust's consultation on the future of community health services is continuing. So far over 200 hard copy responses have been returned to the PCT; with more coming in via the website. Two public information events have taken place, in Blaby and Lutterworth, to help local people to understand more about the proposals and what they mean for them. Further events are planned for September, as detailed below:

#### **\* 9 September 2008 (Tuesday) 2pm-7pm**

##### **\* Hinckley**

At: Hinckley Leisure Centre Coventry Road, Hinckley LE10 0JR

#### **\* Tuesday 2nd September, Tuesday 30th September**

#### **\* Satrang Group Social meeting every fortnight for over 50's**

At:

Wigston Magna Library, Bull Head Street, Wigston Magna, Leicester LE18 1PA

Time:

1.00pm -3.00pm

Telephone:

0116 3053689

Email:

libraries@leics.gov.uk

#### **\* Wednesday 3rd September**

#### **\* Carers Forum - Presentation by the Andrea Clark Foundation.**

Organised by:

Carers Support Project Voluntary Action Melton

At:

South Melton Community Centre

Time:

11.00am - 1.00pm

Contact:

Helen Brocklehurst

Telephone :

01664 485304

Email :

HelenB@voluntaryactionmelton.org.uk

#### **\* Wednesday 3rd September**

#### **\* Family History on the Internet A beginner's guide to the resources available on the internet.**

At:

Enderby Library, Townsend Road, Leicester LE19 4PG

Time:

4.00pm – 6.00pm

Telephone :

0116 3053523

Email:

libraries@leics.gov.uk

## September Events

### \* Thursday 4th September

#### \* **Over 50's Feel Good Fair (Keep healthy, wealthy & wise)**

The event is planned to have information and interactive sessions on health, pensions/benefits, physical activities, volunteering and home safety.

Organised by: Voluntary Action Blaby District

At: Braunstone Civic Centre, Kingsway Braunstone,

Town Leics, LE3 2PP

Time: 1.15 pm to 3.30pm

Contact: Mo Fowler

Telephone: 0116 272 7669

Email: [mo@vabd.org.uk](mailto:mo@vabd.org.uk)

### \* Thursday 4th September to Thursday 25th September

#### \* **Rural Scenes of Leicestershire and The Surrounding**

**Countries** The event is planned to have information and interactive sessions on health, pensions/benefits, physical activities, volunteering and home safety.

At: Record Office for Leicestershire, Wigston Magna,

Long Street, Leicester LE18 2AH

Time: Usual opening times

Telephone: 0116 2895896

Email: [recordoffice@leics.gov.uk](mailto:recordoffice@leics.gov.uk)

### \* Thursday 4th September to Sunday 28th September

#### \* **Future Bright: An NHS Open Art Show**

At: Charnwood Museum, Granby Street,

Loughborough LE11 3DU

Time: Usual opening times

Telephone: 01509 233754 Email: [Charnwood@leics.gov.uk](mailto:Charnwood@leics.gov.uk)

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## Additional Information

### \* **CURVE - The name of Leicester's exciting new theatre**

Putting the world on stage, Curve will embrace many different theatrical styles and cultures, including drama, musicals, comedy, dance, shows for children, community performances, participatory workshops and much more. Due to open Autumn 2008.

For details visit: [www.curveonline.co.uk](http://www.curveonline.co.uk)

### \* **Leicester Libraries and the Home Library Service**

18 libraries throughout Leicester, including Age Concern Library Mibus service for people with mobility problems who can't get to a library FREE joining, the '55+ Club', computers for beginners, FREE Internet access. large print books, talking books (free to borrow if you are visually impaired), No fines for people over 60

Call now for details: (0116) 299 5465, or visit: [www.leicester.gov.uk/libraries](http://www.leicester.gov.uk/libraries)

### \* **Museums: Leicester has six museums - all FREE to visit!**

Collections include: natural history, art, world culture, Victorian technology, vintage vehicles, social and military history, archaeology and medieval architecture.

Call now for details: (0116) 225 4900, or visit: [www.leicester.gov.uk/museums](http://www.leicester.gov.uk/museums)

[www.leicester.gov.uk/olderpeople](http://www.leicester.gov.uk/olderpeople)

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**Did you know that as a Leicester city resident aged 60+ You are entitled to a whole range of services and discounts?**

**\* Sports and Leisure Centres - FREE activities**

Activities for the over 60s, tailored to suit your ability. No charge for swimming, aerobics classes, gym sessions, badminton, squash, aqua aerobics - even rock climbing

Call now to find out more: (0116) 252 7339, or visit: [www.leicester.gov.uk/sports](http://www.leicester.gov.uk/sports)

[If unsure, please contact your GP for advice before exercising]

**\* Active Lifestyle GP Referral Scheme - Special reduced rates**

Get help with taking the first steps to becoming more active and healthy: Guidance from qualified exercise professionals. Convenient venues in the local community

For further information call: (0116) 233 3095

**\* De Montfort Hall**

From comedy, jazz, ballet, opera, world and roots music to West End musicals there's something to entertain everyone: Access facilities include: Orange/Blue Badge parking, hearing aid loop system, lift facilities, guide dogs/hearing dogs welcome. Check venue for concessions offered

All enquiries and Box office: (0116) 233 3111, or visit: [www.demontforthall.co.uk](http://www.demontforthall.co.uk)

**\* Friday 5th September**

**\* Over 50's day at Hinckley Leisure Centre** Offers the over 50's a day of sports, arts and social activities to encourage healthier lifestyles for all residents of Hinckley and Bosworth.

Organised by: Hinckley & Bosworth Community Transport

At: Hinckley Leisure Centre

Time: 10 am - 4pm

Contact: Deanne Leatherford Judy Handford

Telephone: 01455 847666 01455 619519

Email: [h.and.b.community.transport@unicombox.co.uk](mailto:h.and.b.community.transport@unicombox.co.uk)

**\* Friday 5th September**

**\* Bat Walk Guided Walk.** Details from the Forestry Commission (Booking essential)

At: Sence Valley Forest Park, Ravenstone Road,

Ilbstock LE67 6NW

Time: 8.00pm - 9.30pm

Telephone: 01889 586593

Email: [countryparks@leics.gov.uk](mailto:countryparks@leics.gov.uk)

**\* Friday 5th, 12th, 19th, 26th September**

**\* Silver Surfers' Month Over 50?** find out more about the internet

At: South Wigston Library, Wigston LE18 4PE

Time: 10.00am - 11.30am

Telephone: 0116 3053533

Email: [libraries@leics.gov.uk](mailto:libraries@leics.gov.uk)

**\* Saturday 6th September**

**\* St Peter's Church Annual Fair**

At: Ashby Parva Village Hall  
 Time: 2pm  
 Telephone : 01455 209882

**\* Saturday 6th September**

**\* Thurnby & Bushby Village Fete**

At: St Luke's School Thurnby  
 Time: 12pm - 4pm  
 Telephone: 0116 241 8083

**\* Saturday 6th September**

**\* Annual Parish Gala**

At: Forest East Park, Leicester Forest East  
 Time: 12:30pm – 5pm  
 Telephone: 0116 239 2198

**\* Saturday 6th September**

**\* Guided historical walk around Pitton and The**

**Luffenhams in Rutland Children and well behaved dogs**

welcome. Distance about 5 miles

At: Walk will start at North Luffenham Church  
 Time: Departure time 2.00pm - Finish around 5.30pm  
 Contact: Robert Ovens and Sheila Sneath  
 Telephone: 01788 815970

For the next row, knit 2 together to the end (14 stitches), and for the row after that, purl 2 together to the end (7stitches).

When finished, cut the yarn leaving about 25cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle.

Tighten the yarn and sew the little hat together at the side. Once finished, turn it right-side out so that the seam you've just sewn runs up the inside.

Sew a little bobble onto the top of the hat.

**Please send your completed hats to:**

Age Concern Leicester Shire and Rutland,  
 Lansdowne House,  
 113 Princess Road East,  
 Leicester LE1 7LA  
 by the 30 September 2008. Any Queries, call 0116 2237344.

**World's Biggest Coffee Morning**

World's Biggest Coffee Morning is one of the biggest fundraising events in the UK, with an estimated 2 million people raising their mugs for Macmillan last year. This year's event takes place on Friday 26 September (Or choose a date that suits you) and with your help we aim to raise over £8 million for people affected by cancer.

To register for your World's Biggest Coffee Morning pack or to find out where your nearest Coffee morning will be held call on 0845 602 1246 or register online at [www.macmillan.org.uk/coffee](http://www.macmillan.org.uk/coffee)

### From now until end of September 2008 - Age Concern Leicester Shire and Rutland's **THE BIG KNIT**

#### What was The Big Knit?

Last September Age Concern Leicester Shire and Rutland were involved in a very successful knitting campaign. Little woolly hats were hand knitted by Age Concern supporters, to sit on the lids of Innocent "smoothies" before being sold in Sainsbury's stores UK wide during November.

Innocent gave 50p to Age Concern for every bottle sold wearing a hat. Innocent also benefited from the campaign by way of increased sales. As it was such an unusual and fun campaign, it attracted a lot of media attention so increasing the profile of Age Concern, Innocent and Sainsbury's.

#### Will there be a Big Knit again this year?

YES. Innocent and Sainsbury's have again asked Age Concern to ask supporters to knit little bobble hats. In 2007 we did amazingly well with 9254 hats coming in from all around the two counties. Can we do even better than that this year? The money received makes a real difference to the amount of services we are able to provide. Are you (or someone you know) able to knit? Do you have any odd pieces of wool lying around and perhaps a little spare time on your hands?

#### Pattern:

Cast on 28 stitches.

Knit 2 rows. Then starting with a knit row, work in stocking stitch (knit 1 row, purl 1 row, knit 1 row etc) for 12 more rows.

#### \* Saturday 6th September

#### \* Thringstone Heritage Event

At: The Community Centre, The Green, Thringstone, Leics.  
 Time: 10am - 3pm  
 Contact: Nita Pearson  
 Telephone: 01530 223434

#### \* Saturday 6th September

#### \* Picking up Steam Admission free – Small charge for train rides.

Organised by: Leicester City Council Museum Service  
 At: Abbey Pumping Station, Corporation Road, Leicester  
 Time: 11am - 4.30pm  
 Telephone: 01162 2995111  
 Email: [museums@leicester.gov.uk](mailto:museums@leicester.gov.uk)

#### \* Sunday 7th September

#### \* Delicious home made teas served

#### Proceeds to Church funds

At: The Reading Room, Berkeley Street Sibbertoft  
 Time: 2.30pm to 5.00pm  
 Contact: J.Elliott  
 Telephone: 01858 828282  
 Email: [j.elliott@harborough.gov.uk](mailto:j.elliott@harborough.gov.uk)

## September Events

### \* Sunday 7th September

#### \* Hilarious Quiz Night

At: The Union Inn Market Harborough  
Time: 8:30pm - 10:30pm  
Website: [www.theunioninn.com](http://www.theunioninn.com)

### \* Sunday 7th September

#### \* Produce Show

At: Tilton Village Hall  
Time: 2:30 pm  
Telephone: 0116 259 7271

### \* Sunday 7th September

#### \* Annual Market with Garden Produce

At: Cottesmore Community Centre  
Time: 12.30pm - 5pm  
Telephone: Market - 01572 813599  
Garden Produce - 01572 812424

### \* Sunday 7th September

#### \* Free Concert - Music in the Park: Ratby Co-op Band

Organised by: North West Leicestershire District Council  
At: Coalville Park  
Time: 2.00pm - 4.00pm  
Contact: Angela Bexton  
Telephone: 01530 454603  
Email: [Angela.bexton@nwleicestershire.gov.uk](mailto:Angela.bexton@nwleicestershire.gov.uk)

## Regular Events / Activities

Active Together Charnwood – Charnwood Borough Council have produced a brochure that lists some of the physical activity opportunities that you can get involved with. For complete brochure Tel: 01509 634587. Below are a few activities included in the brochure:

### \* 50+ Aqua Aerobics (Mixed social sessions)

At: Syston South Charnwood Swimming Pool  
Time: Tuesday's 2.45- 3.30pm..  
Contact: Tammy Harrison  
Telephone: For further info contact SCSP on 0116 2640057

### \* Yoga Free class! £1 Crèche facilities

Organised by: Prit (Organiser)  
At: Loughborough Fearon Hall  
Time: Wednesday's 12.30pm-1.30pm  
Contact: Prit  
Telephone: 01509 230629

## October Events

### \* Wednesday 1st October

#### \* **Creative Art** - Chairman's Reception Event to Leicestershire's

##### Older People's creative talents

Organised by: Leicestershire County Council

At: Leicestershire County Hall

Time: Evening

Contact: Sue Eato

Telephone: 0116 3058168

Email: SEato@leics.gov.uk

### \* Wednesday 8th October

#### \* **Happy Hearts Roadshow** A free day of physical activities, advice, health information and guidance for all Over 60.

Organised by: North West Leicestershire District Council

At: Moira Village Hall, Moira

Time: 10.00am - 2.00pm

Contact: Nicki de la Salle

Telephone: 01530 454735

Email: nicki.salle@nwleicestershire.gov.uk

### \* Wednesday 22nd October

#### \* **Happy Hearts Roadshow** A free day of physical activities, advice, health information and guidance for all Over 60.

Organised by: North West Leicestershire District Council

At: Hugglescote Community Centre, Hugglescote

Time: 10.00am - 2.00pm

Contact: Nicki de la Salle

Telephone: 01530 4454830

Email: nicki.salle@nwleicestershire.gov.uk

## September Events

### \* Monday 8th September & Wednesday 10th September

#### \* **Family History on the Internet** - A beginners guide

At: Glenfield Library, Station Road,  
Glenfield LE12 8BQ

Time: Monday: 10.00am - 4.00pm

Wednesday: 10.00am - 12noon & 2.30pm - 4.30pm

Telephone: For Monday 8th Sept event: 0116 3053591

For Wednesday 10th Sept event: 0116 3055900

Email: libraries@leics.gov.uk

### \* Tuesday 9th September

#### \* **Drop in Coffee Morning at Coalville Library**

Organised by: Age Concern Leicestershire & Rutland (NWL Office)

At: Coalville Library

Time: 10.00am – 12 noon

Contact: Anne Davis

Telephone: 01530 833000

Email: anne.davis@ageconcernleics.com

### \* Tuesday 9th September

#### \* **Heritage Group Midlands Customs and Folklore**

At: Village Hall, Lubenham

Time: 7:30pm

Contact: David Carter

Telephone: 01858 464647

## September Events

### \* Wednesday 10th September

#### \* **Melton Carers Support Group**

Organised by: Carers Support Project Voluntary Action Melton  
At: Old Lounge, Gloucester House  
Time: 10.30am - 12noon  
Contact: Helen Brocklehurst  
Telephone: 01664 485304  
Email: HelenB@voluntaryactionmelton.org.uk

### \* Thursday 11th September

#### \* **Market Harborough Carers Support Group**

Organised by: Alzheimer's Society Leicestershire & Rutland  
At: Brooklands, Walcot Road, Market Harborough  
Time: 1.30pm – 3.00pm  
Contact: Vivienne Dickens  
Telephone: 0116 2702193  
Email: alzheimers.vivienne@ntlworld.com

### \* Saturday 13th September

#### \* **Leicestershire Historic Churches Annual Sponsored Ride & Stride Day**

At: Leicestershire - Various  
Time: 10:00am - 6:00 pm  
Contact: David Knowles  
Telephone: 01509 268354

## September Events

### \* Saturday 27th & Sunday 28th September

#### \* **Scarecrow Festival**

Organised by: Newtown Linford Village Hall  
Time: 7:30 pm  
Telephone: 01530 243822

### \* Tuesday 30th September

#### \* **Drop in Coffee Morning at Coalville Library**

Organised by: Age Concern Leicester Shire & Rutland (NWL Office)  
At: Coalville Library  
Time: 10.00am – 12 noon.  
Contact: Anne Davis  
Telephone: 01530 833000  
Email: anne.davis@ageconcernleics.com

### \* Through out the month of September

#### \* **'Community Spirit' mobile library**

Organised by: Age Concern Leicester, Shire and Rutland and The Rural Community Council project in Rutland  
At: Various Locations (refer to mobile library timetable)  
Time: Various times (refer to mobile library timetable)  
Contact: Sue Renton  
Telephone: 01572 720282  
Email: communityspirit@ruralcc.org.uk  
For bus timetables: www.leics.gov.uk  
www.rutland.gov.uk

## September Events

### \* Thursday 25th September

#### \* **Leicester City PCT Annual General Meeting (AGM) 2008**

Organised by: Leicester City PCT  
At: The Peepul Centre, Orchardson Avenue  
Leicester LE4 6DP  
Time: 18.00 - 20.00  
Contact: Sarah Heeley  
Telephone: 0116 2957281  
Email: Sarah.Heeley@LeicesterCityPCT.nhs.uk

### \* Friday 26th September

#### \* **Happy Hearts Roadshow** A free day of physical activities, advice, information on health issues and guidance for all Over 60.

Organised by: North West Leicestershire District Council  
At: The Palace Community Centre, Ibstock  
Time: 10.00am - 2.00pm  
Contact: Nicki de la Salle  
Telephone: 01530 454735  
Email: nicki.salle@nwleicestershire.gov.uk

### \* Saturday 27th & Sunday 28th September

#### \* **All Good Gifts - A Harvest Flower Festival**

At: St Mary's Church and Village Hall in the centre of Morcott, just off the A47 in Rutland  
Contact: Jane Williams  
Telephone: 07989 975 705

## September Events

### \* Saturday 13th September

#### \* **Enderby Band Concert**

At: St Andrews Church, Hinckley Road  
Leicester Forest East  
Time: 7pm  
Telephone: 0116 238 6811

### \* Saturday 13th September

#### \* **Anstey Gala Day**

At: Recreation Ground, Staddon Road Anstey  
Time: 2 noon - 4:30pm  
Telephone: 0116 236 3977

### \* Saturday 13th September

#### \* **Wild About Flowers: WI Exhibition**

At: Beaumanor Hall Woodhouse Eaves  
Telephone: 0116 2661342  
Website: [www.theWI.org.uk/leicestershire](http://www.theWI.org.uk/leicestershire)

### \* Saturday 13th September & Sunday 14th September

#### \* **Lubenham Scarecrow Weekend**

At: Lubenham Village Green  
Time: 11am - 6pm  
Contact: Deborah Fairlie  
Email: [deborahfairlie@btinternet.com](mailto:deborahfairlie@btinternet.com)

## September Events

### \* Sunday 14th September

#### \* **Onion Sunday**

At: Fox & Goose, Ilston on the Hill  
Time: Mid-day  
Telephone: 0116 259 6837

### \* Sunday 14th September

#### \* **Fleckney Horticultural Show**

At: Fleckney Village Hall

### \* Sunday 14th September

#### \* **Wild About Flowers: WI Exhibition**

At: Beaumanor Hall Woodhouse Eaves  
Telephone: 0116 2661342  
Website: [www.theWI.org.uk/leicestershire](http://www.theWI.org.uk/leicestershire)

### \* Sunday 14th September

#### \* **Free Concert - Music in the Park: Leicestershire Co-op Band**

Organised by: North West Leicestershire District Council  
At: Spital Park, Castle Donington  
Time: 1.00pm - 3.00pm  
Contact: Angela Bexton  
Telephone: 01530 454603  
Email: [Angela.bexton@nwleicestershire.gov.uk](mailto:Angela.bexton@nwleicestershire.gov.uk)

## September Events

### \* Wednesday 24th September

#### \* **'Young at Heart' Day**

Organised by: Oadby & Wigston Borough Council  
At: Parklands Leisure Centre, Oadby  
Time: 9.30 am to 4.30 pm  
Contact: Kate Faulkner  
Telephone: 0116 2572674  
Email: [Kate.Faulkner@oadby-wigston.gov.uk](mailto:Kate.Faulkner@oadby-wigston.gov.uk)

### \* Wednesday 24th September

#### \* **Fun Day for Relaxation and Information: The event will consist of a number of stalls giving information**

Organised by: Age Concern Leicester  
At: Great Hall at Clarence House on Humberstone Gate  
Time: Starts at 10.30am and finishes around 3.00pm  
Contact: Pam Taylor  
Telephone: 0116 222 0555 Ext 573  
Email: [pam.taylor@ageconcernleicester.org](mailto:pam.taylor@ageconcernleicester.org)

### \* Wednesday 24th September

#### \* **Leicestershire Villages Website Beginners Training**

At: Ark Business Centre – Loughborough,  
Gordon Road, Loughborough LE11 1JP  
Telephone: 01509 643448  
Email: [ark@charnwood.gov.uk](mailto:ark@charnwood.gov.uk)

## September Events

### \* Sunday 21st September

#### \* Medieval Mayhem

At: Donington Le Heath Manor House, Donington Le Heath, Manor Road, Coalville LE67 2FW  
Time: 11.00am – 4.00pm  
Telephone: 01530 831259  
Email: museums@leics.gov.uk

### \* Sunday 21st September (provisional)

#### \* Rural Cycle Ride: From Loughborough to Beaumanor Hall

Organised by: Charnwood Borough Council  
At: Start at Loughborough Leisure Centre Car Park  
Time: Call to confirm  
Telephone: 01509 634587 to confirm event

### \* Tuesday 23rd September

#### \* Drop in Coffee Morning at Coalville Library

Organised by: Age Concern Leicester Shire & Rutland (NWL Office)  
At: Coalville Library  
Time: 10.00am – 12 noon.  
Contact: Anne Davis  
Telephone: 01530 833000  
Email: anne.davis@ageconcernleics.com

## September Events

### \* Sunday 14th September

#### \* Out of the Attic Steam Day Admission family £8, concessions £2.00 , Adult £3.50

Organised by: Leicester City Council Museum Service  
At: Abbey Pumping Station, Corporation Road, Leicester  
Time: 1pm-5pm  
Telephone: 01162 2995111  
Email: museums@leicester.gov.uk

### \* Sunday 14th September

#### \* Meningitis Trust Walk in the Park, Leicestershire

At: Foxton Locks, Foxton, Market Harborough LE16 7RA  
Time: 10.00am – 2.00pm  
Telephone: 0845 120 4886  
Email: joannek@meningitis-trust.org

### \* Tuesday 16th September

#### \* Drop in Coffee Morning at Coalville Library

Organised by: Age Concern Leicester Shire & Rutland (NWL Office)  
At: Coalville Library  
Time: 10.00am – 12 noon.  
Contact: Anne Davis  
Telephone: 01530 833000  
Email: anne.davis@ageconcernleics.com

## September Events

### \* Tuesday 16th September

#### \* **Belvoir Vale Support Group**

Organised by: Carers Support Project Voluntary Action Melton  
At: Bottesford Village Hall  
Time: 10.30am - 12noon  
Contact: Helen Brocklehurst  
Telephone: 01664 485304  
Email: HelenB@voluntaryactionmelton.org.uk

### \* Tuesday 16th September

#### \* **Public Lecture on current issues in Dementia**

*Please confirm attendance in advance*

Organised by: The Midlands ART Network Centre  
At: Lecture Theatre 2, Maurice Shock building,  
University of Leicester, University Road  
Time: 5pm - 7pm  
Contact: Laura Ellis  
Telephone: 01162 523479  
Website: Alzheimer@le.ac.uk

### \* Tuesday 16th September

#### \* **Multi-lingual Poetry, Short Stories and Jokes**

At: Wigston Magna Library, Bull Head Street, Wigston  
Magna, Leicester LE18 1PA  
Time: 10.30am - 12.30pm  
Telephone: 0116 3053689  
Email: libraries@leics.gov.uk

## September Events

### \* Tuesday 16th September

#### \* **Family History on the Internet A beginners guide**

At: Market Harborough Library, Adam & Eve Street,  
Market Harborough LE16 7LT  
Time: Hourly Sessions  
Telephone: 0116 3053627  
Email: libraries@leics.gov.uk

### \* Wednesday 17th September

#### \* **Talk by Local Police (with refreshments)**

At: Enderby Library, Townsend Road,  
Leicester LE19 4PG  
Time: 5.15pm - 6.30pm  
Telephone: 0116 3053523  
Email: libraries@leics.gov.uk

### \* Saturday 20th September

#### \* **Art Exhibition**

At: Twyford Village Hall  
Time: 12 noon - 5:00 pm  
Telephone: 01664 840823

### \* Sunday 21st September

#### \* **The Bowman of Bosworth Medieval Archery Tournament** (invited guests only taking part. No charge for spectators)

At: Bosworth Battlefield Heritage Centre & County Park,  
Sutton Cheney, Nuneaton CV13 0AD  
Time: 1.00pm - 3.00pm  
Telephone: 01455 290429 Email: Bosworth@leics.gov.uk

Leicestershire County and Rutland  
Primary Care Trust



Leicestershire & Rutland



Part of the Department  
for Work and Pensions

University Hospitals of Leicester

NHS Trust



# BENEFITS

## IT'S YOURS...CLAIM IT!

If you are interested on finding out more information about BENEFITS you may be missing out on, then come along to any of the following events, where advice can be given

### 4th September

Braunstone Civic Centre – 10am – 3pm

### 5th September

Market Harborough Methodist Church – from 12 noon

### 11th September

Loughborough Town Hall – 9am all day

### 26th September

The Palace Community Centre, Ibstock- 10am – 3pm

Organised by: Leicestershire County Council Adult Social Care

Please send your completed form in an envelope to:

### **FREEPOST RRRZ KJUC SGHS**

DWP(LOCAL SERVICE), PO BOX 7645

LEICESTER LE1 6BR

#### **For information about further events please contact:**

**DEBBIE PRESTON**

0116 3058240

[dpreston@leics.gov.uk](mailto:dpreston@leics.gov.uk)

**TONY SOUTH**

0116 3058293

[tsouth@leics.gov.uk](mailto:tsouth@leics.gov.uk)

# DO YOU CLAIM THESE BENEFITS?

## ATTENDANCE ALLOWANCE

### IF YOU ARE OVER 65

- Do you struggle to get about either inside or outside your home?
- Do you need help to carry out daily tasks?

**Then you could be entitled to extra money called**

### Attendance Allowance

This is not means tested and will not affect any other benefit you receive

For free advice or contact the Benefit Enquiry Line on **0800 88 22 00**

**OR** Complete the attached form and send it free post and someone from The Pension Service Team will contact you shortly

## COUNCIL TAX - 50% OF THE OVER 60'S PAY TOO MUCH

If you have less than £16,000 in savings and are on a relatively low income ask to have yours checked. If you already receive a 25% discount for living on your own, you could still qualify for more.

(Those of guaranteed pension credit the £16,000 limit does not apply)

Have details of your household's income and savings handy and contact your Local District Council or check it yourself on any of the district councils' website – benefits calculator

### Blaby District

☎ 0116 2750555

### Charnwood Borough

☎ 01509 634567

### Hinckley & Bosworth

☎ 01455 238141

### Melton Borough

☎ 01664 502502

### North West Leicester

☎ 01530 454545

### Oadby & Wigston

☎ 0116 2888961

### Harborough & District

☎ 01858 828282

# ATTENDANCE ALLOWANCE

If you are over 65 and can answer **YES** to **ANY** of these questions you may be entitled to claim Attendance Allowance worth £44.85\* (lower rate) or £67.00\* (higher rate) per week. Qualifying for this benefit is solely down to need, your savings or income does not affect payments.

- Do you need help to get out of bed or out of a chair? **YES NO**
  - Do you need help with dressing (e.g. buttons, zips, and socks)? **YES NO**
  - Do you need help to have a bath or shower? **YES NO**
  - Do you need to have your food cut up for you? **YES NO**
  - Do you use a wheelchair? **YES NO**
  - Are you forgetful and need to be reminded of things? **YES NO**
  - Do you need help to take your medication? **YES NO**
  - Are you at risks of falls? **YES NO**
  - Do you have blackouts or fits? **YES NO**
  - Are you severely visually impaired? **YES NO**
  - Do you need help with communicating (e.g. due to deafness/speech/confusion)? **YES NO**
- If you are 60-65 and you can answer **YES** to any of these questions you may be entitled to claim Disability Living Allowance. Please complete the form and return to us.

If the answer to **ANY** of these questions is **YES** and you are not already getting Attendance or Disability Living Allowance care component, please contact us for free, confidential advice and assistance with your claim. We will be happy to visit you at home. You can either ring on 0800 88 22 00 or complete you details below and return this form by **FREEPOST** to us.

Name:

Address:

Tel No:

Date of Birth:

National Insurance No.:

Best time to ring:

Best time to visit:

Relative of friends details if you would like them to be involved:

Relative/Friends Name:

Tel No:

**Someone from the Pension Service team will contact you shortly**

Please send your completed form in an envelope to:

**FREEPOST RRRZ KJUC SGHS, DWP(local service), PO BOX 7645, LEICESTER LE1 6BR**

Tear along dotted line

\*\*2007/08 rates apply

LSS ref:leafletref.L County/C